

# GLISS EXTRA 2023

## PRELIMINARY TIMETABLE

### **SATURDAY, OCTOBER 21, 2023**

A-ARENA			
09:00	Artistic		Free Program
09:20	Adult Bronze ladies + Adult Silver ladies and men		Free Program
09:50	Adult Gold + Masters		Free Program
10:10	Springs B		Free program
11:05	Ice-resurfacing		
11:20	Cubs B girls		Free Program
12:55	Ice-resurfacing		
13:10	Intermediate Novice		Free Program
14:00	Basic Novice boys and girls		Free Program
16:00	Ice-resurfacing		
16:15	Advanced Novice		Short program
17:30	Junior		Short program
19:00			

**NB!** Starting times may vary +/- 15 minutes!

**SUNDAY, OCTOBER 22, 2023**

<b>A-ARENA</b>			
<b>09:00</b>	<b>Pre-young 2011-2012 girls, Young 2009-2010 girls</b>		<b>Free Program</b>
<b>09:30</b>	<b>Pre-young 2013 &amp; younger girls</b>		<b>Free Program</b>
<b>09:45</b>	<b>Novice B girls</b>		<b>Free Program</b>
<b>10:10</b>	<b>Pre-Chicks B girls + Pre-Chicks A girls</b>		<b>Free Program</b>
<b>10:30</b>	<b>Chicks B girls</b>		<b>Free Program</b>
11:35	Ice-resurfacing		
<b>11:50</b>	<b>Chicks A boys and girls</b>		<b>Free Program</b>
<b>13:30</b>	<b>Cubs A boys + girls</b>		<b>Free Program</b>
14:40	Ice-resurfacing		
<b>14:55</b>	<b>Advanced Novice</b>		<b>Free Program</b>
<b>16:20</b>	<b>Junior women</b>		<b>Free Program</b>
18:00			

**NB! Starting times may vary +/- 15 minutes!**